### Karen Boynton

Curriculum Vitae

The Pennsylvania State University 316 Sparks Building University Park, PA 16802 <u>kpb5653@psu.edu</u>

| Education   |                   |
|---|-------------------|
| Master of Arts, The Pennsylvania State University | Anticipated: 2023 |
| Communication Arts and Sciences                   |                   |
| Advisor: Dr. Brian Manata                         |                   |
|   |                   |
| Bachelor of Arts, University of Minnesota Duluth  | 2020              |
| Major: Communication                              |                   |
| Minor: History                                    |                   |
| Advisor: Dr. Jacquelyn Harvey                     |                   |

## Publications

Department Honors

- Downs, E., Willemsen, P., Leff, D., Adigun, C., Kothapalli, S. S., Miller, L., Boynton, K., & Berndt, M. M. (2022). Grave errors: Exploring the influence of motion mechanics on learning outcomes in a virtual cemetery. *Technology, Mind, and Behavior*, 3(2). DOI: 10.1037/tmb0000073
- Harvey, J. & Boynton, K. (2021). Self-disclosure and psychological resilience: The mediating roles of self-esteem and self-compassion. *Interpersona: An International Journal on Personal Relationships*, 15(1), 90-104. https://doi.org/10.5964/ijpr.4533
- Bishop, R. E. & **Boynton, K.** (under review). A meta-analytic review of the association between self-disclosure and posttraumatic growth. *Journal of Social and Personal Relationships*

### **Conference Papers**

- **Boynton, K.** (November, 2022). Neat, Novel Narratives: Using TikTok to teach effective storytelling. GIFTS Presentation. National Communication Association Annual Conference: New Orleans, LA.
- Bishop, R. E. & Boynton, K. (November, 2022). A Meta-Analytic Review of the Association Between Self-Disclosure and Posttraumatic Growth. National Communication Association Annual Conference: New Orleans, LA.

- Medd, L. & Boynton, K. (November, 2022). r/support: Using Reddit to teach social support and groups in computer-mediated communication. GIFTS Presentation. National Communication Association Annual Conference: New Orleans, LA.
- **Boynton, K.** & Medd, L. (May, 2022). *Teaching Uncertainty Reduction and Information Seeking using the affordances of communication channels*. GIFTS Presentation. International Communication Association Annual Conference: Paris, France.
- **Boynton, K.** (November, 2021). *Tik Tok Testimony*. GIFTS Presentation. National Communication Association Annual Conference: Seattle, WA.
- Downs, E., Willemsen, P., Leff, D., Adigun, C., Kothapalli, S.S., Miller, L., Boynton, K., & Berndt, M. (May, 2021). Examining the effects of navigation type and spatial contiguity on learning outcomes and spatial awareness in a virtual environment. International Communication Association Annual Conference: Denver, CO.
- Harvey, J., & Boynton, K. (November, 2020). Self-disclosure and psychological resilience: The mediating roles of self-esteem and self-compassion. National Communication Association Annual Conference: Indianapolis, IN.

### **Research Assistantships**

# Dr. Brian Manata

Led the literature search for an extensive meta-analysis studying the relationships between conflict, cohesion, and performance.

Headed the literature review for a paper on department norms and interdisciplinary collaborations in academic settings.

### Dr. Edward Downs

Guided participants through social scientific aspects of a study, including informed consent, demographic questionnaires, directions on equipment use, and procedural instruction for the duration of the experimental portion of the study. Assisted lead researchers in correcting and adjusting aspects of the study related to technical difficulties and participant misunderstanding.

Dr. Jacquelyn Harvey

Collaboratively analyzed data and literature to write *Self-disclosure and psychological resilience: The mediating roles of self-esteem and self-compassion.* 

Organized data from additional studies in preparation for future analyses.

### 2019-2020

#### 2019-2020

# 2022

Assisted with literature review compilation for an edited book chapter on caregiver health and well-being.

Harvey, J., Faw, M. H., & Parks, E. S. (2022). Health and relational outcomes for informal caregivers and care recipients. In Thompson, T. L. & Harrington, N. G. (Eds.) *Routledge handbook of health communication*. (pp. 91-104.) Taylor & Francis.

| Teaching Experience The Pennsylvania State University                      |                   |
|--|-------------------|
| Organizational Communication Theory and Research (GTA)                     | 2023              |
| Communication Theory (GTA)   | 2022              |
| Communication and Information Technology (GTA)                             | 2022              |
| Ashley Peterson, M.A., A.B.D.  |                   |
| Effective Speech (Instructor of Record)                                    | 2021-2022         |
| Effective Speech (GTA)   | 2020              |
| Vanessa McLaughlin, Esq.   |                   |
| Teaching Experience University of Minnesota Duluth                         |                   |
| Communication Inquiry: Rhetorical and Historical Methods (UTA)             | 2019              |
| Dr. Michael Pfau   |                   |
| Awards and Achievements  |                   |
| James B. and Viola M. Bartoo Graduate Fellowship                           | 2021              |
| Awarded to students who demonstrate academic excellence                    |                   |
| Total award amount: \$1000   |                   |
| Lynn Sebulsky Award Department Nominee                                     | 2021              |
| Applicants for this award must be in their second year of graduate work    | and have done     |
| particularly well in their first year, including high academic achievement | nt and            |
| engagement. Academic departments may nominate one student for the          | award             |
| University of Minnesota Duluth Communication Department Honors             | 2020              |
| Awarded to students who write a quality literature review or develop a     | study. The thesis |
| must be accepted by two faculty readers and the department head            |                   |
| Dean's List  | 2016-2020         |
| 8 of 8 semesters   |                   |
| Awarded to students who earn a GPA of 3.5 or higher                        |                   |
| Chancellor's Scholarship for Academic Excellence                           | 2016-2020         |
| Renewable scholarship awarded to students demonstrating high academ        | nic ability       |
|  |                   |

| Total award amount: \$12,000  |        |
|---|--------|
| Hauge Scholarship 2010   Renewable scholarship awarded to students who demonstrate strong work ethic Total award amount: \$12,000                                       | 6-2020 |
| Patricia S. Gustafson Scholarship2016Total award amount: \$1,600  | ; 2020 |
| <b>Communication Department Textbook Award</b><br>Students are selected by a faculty member of the Department of Communication in<br>recognition of student achievement | 2019   |
| Highest GPA award<br>Awarded to a student in the communication department with senior standing who<br>possesses the highest cumulative GPA                              | 2019   |
| John Hoffbauer Scholarship<br>Total award amount: \$1,000   | 2016   |