

# Curriculum Vitae

**MARY K. HIGH**

**Business Address:** 308 Sparks Bldg.  
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## **EDUCATIONAL AND PROFESSIONAL HISTORY**

### **Higher Education**

Ph.D., Communication Arts and Sciences, The Pennsylvania State University, 2005-2009  
Dissertation: *Wild Women of the Progressive Era: Rhetoric, Gender, and Agitation in the Age of Reform*  
Advisor: J. Michael Hogan

M.A., Communication, Texas A&M University, 2003-2005  
Thesis: *Experiencing Emotional Labor: An Analysis of the Discursive Construction of Emotional Labor*  
Advisor: Linda L. Putnam

B.A., Speech Communication, The Pennsylvania State University. Schreyer Honors College, 1999-2003  
Minor: English  
Honors Thesis: *Sophisticated Remorse: A Study of the Relationship Between Cognitive Complexity and Guilt*  
Advisor: Walid A. Afifi

### **Professional and Academic Positions**

Supervisor, Effective Speech: Speech Anxiety, 2019-present  
The Pennsylvania State University, Department of Communication Arts and Sciences

Associate Teaching Professor, 2018-present  
The Pennsylvania State University, Department of Communication Arts and Sciences

Internship Coordinator, 2013-2018  
The University of Iowa, Department of Communication Studies

Lecturer, 2012-2018  
The University of Iowa, Department of Communication Studies

Lecturer, 2009-2013  
The Pennsylvania State University, Department of Communication Arts and Sciences

Assistant to the Basic Course Director, 2009-2011  
The Pennsylvania State University, Department of Communication Arts and Sciences

Teaching Assistant, 2005-2009  
The Pennsylvania State University, Department of Communication Arts and Sciences

Research Assistant, 2004-2005  
Texas A&M University, Department of Communication

Teaching Assistant, 2003-2005  
Texas A&M University, Department of Communication

## **Honors and Awards**

### *Teaching Honors and Awards*

Collegiate Teaching Award, 2016  
The University of Iowa, College of Liberal Arts and Sciences

Carol Schrage Prize for Community Building, 2015  
The University of Iowa, Department of Communication Studies

Top twenty faculty and staff members named by graduating seniors who were asked “to name one person who had a positive influence on them while they were at The University of Iowa,” 2014  
The University of Iowa

Kathryn DeBoer Distinguished Teaching Award, 2009  
The Pennsylvania State University, Department of Communication Arts and Sciences

Tiffany Hunnicutt Outstanding Graduate Teaching Award, 2005  
Texas A&M University, Department of Communication

### *Research Honors and Awards*

Kenneth Burke Prize in Rhetoric, 2009  
The Pennsylvania State University, The Center for Democratic Deliberation

Advanced Methods Funding (\$600 for research travel), 2008  
The Pennsylvania State University, Department of Communication Arts and Sciences

Distinguished Graduate Student Award, 2006  
Texas A&M University, Association of Former Students

## **Memberships**

National Communication Association, 2004-2016  
Eastern Communication Association, 2008-2009

## **Other Contributions to Instructional Programs**

*University of Iowa*

Online Course Developer, Continuing Education, “Communication Skills for Leadership,” 2015-2016

*The Pennsylvania State University*

Online Course Revision, World Campus, “Organizational Communication,” 2011

### **Courses Taught**

*The University of Iowa*

Movements, Protest, Resistance

Communication Skills for Leadership (online course)

Communicating in College: Managing Anxiety and Speaking with Success (first-year seminar)

Developing Leadership

Experiential Learning in Communication Studies (online course)

Criticism and Public Culture

Organizational Communication

Business and Professional Communication

*The Pennsylvania State University*

Effective Speech: Public Speaking Emphasis

Effective Speech: Communicating in Groups

Effective Speech: Message Analysis Emphasis

Effective Speech: Speech Anxiety

Rhetoric and Civic Life (honors course)

Introduction to Rhetorical Theory

Conflict Resolution and Negotiation

Supervised Experience in College Teaching (graduate course)

*The Pennsylvania State University, World Campus (online courses)*

Effective Speech: Communicating in Groups

Effective Speech: Message Analysis Emphasis

Organizational Communication

Conflict Resolution and Negotiation

Studies in Public Address

*Texas A&M University*

Introduction to Public Speaking

### **Students Supervised**

*The Pennsylvania State University*

Degree Objective	Student Name	Years	Outcome
B.A. with Honors	Kristen Roth	2012	Passed

## **SCHOLARSHIP**

### **Referred Publications**

#### *Articles*

Haman, M. K. (2007). Mary Harris “Mother” Jones, speech at a public meeting on the steps of the capitol Charleston, West Virginia (15 August 1912). *Voices of Democracy: The U.S. Oratory Project*, 2, 210-226. <http://umvod.files.wordpress.com/2010/08/haman-harris.pdf>

#### *Book Chapters*

Haman, M. K. and Putnam, L. L. (2008). In the gym: Peer pressure and emotional management among co-workers. In Fineman, S. (Ed.) *The emotional organization: Passions and power* (pp.61-73). Malden, MA: Blackwell Publishing.

#### *Instructional Materials*

High, M. K. (2019). Managing Nerves. *CAS 100 Keywords Project*. The Pennsylvania State University, Department of Communication Arts and Sciences.

High, M. K. (2019). Communication. *CAS 100 Keywords Project*. The Pennsylvania State University, Department of Communication Arts and Sciences.

High, M. K. (2018). See what I mean: An applied approach to teaching about visual aids. In Seiter, J. S., Peeples, J., & M. L. Sanders (Eds.) *Communication in the classroom: A collection of G.I.F.T.S.* Boston, MA: Bedford/St. Martin’s.

Johnstone, C. L., McCullough, K. M., & Haman, M. K. (2011). *The art of the speaker: Effective oral communication in everyday life*. Boston, MA: Pearson Learning Solutions.

### **Grants and Funded Research**

#### *Internal*

Research and Graduate Studies Office Conference Travel Grant (\$100, \$150, \$225), 2006-2008  
The Pennsylvania State University, College of the Liberal Arts

Dissertation Research Grant (\$300 research fund), 2008  
The Pennsylvania State University, Department of Communication Arts and Sciences

Graduate Student Summer Residency (\$3,000), 2008  
The Pennsylvania State University, Institute for the Arts and Humanities

Dissertation Fellow (\$1,500 research fund; semester teaching release), 2008

The Pennsylvania State University, Center for Democratic Deliberation

Sparks Fellowship (semester teaching release), 2005

The Pennsylvania State University, Department of Communication Arts and Sciences

### **Invited Lectures and Presentations**

“Planning for the First Day.” Invited Presenter. CAS 100-Oriented Lessons. Department of Communication Arts and Sciences, The Pennsylvania State University, 2019.

“Communicating with Clarity and Confidence.” Invited Presenter. Human Resources Town Hall, The Pennsylvania State University, 2019.

“Managing Stage Fright in Effective Speech.” Invited Presenter. CAS 100-Oriented Lessons. Department of Communication Arts and Sciences, The Pennsylvania State University, 2018.

“Principles of Effective Speaking.” Invited Presenter. 66<sup>th</sup> Annual Labor Short Course. The University of Iowa Labor Center, Iowa City, IA, 2017-2018.

“Principles of Effective Speaking.” Invited Presenter. Communications Workers of America District 7 Leadership School. The University of Iowa Labor Center, Iowa City, IA, 2015-2017.

“Speaking Confidently.” Invited Presenter. 9th Annual UI Health Sciences, Engineering, Business and Law Women Faculty Development Conference. Resilience: Striving & Thriving in Academia. The University of Iowa, Coralville, IA 2017.

“Lesson Planning 101.” Invited Presenter. Department of Communication Studies Teaching Assistant Training. The University of Iowa, Iowa City, IA, 2015, 2016.

“Principles of Effective Speaking.” Invited Presenter. 65<sup>th</sup> Annual Labor Short Course. The University of Iowa Labor Center, Iowa City, IA, 2016.

“Communicating as Women Scientists.” Invited Presenter. Iota Chi Chapter of Graduate Women in Science. The University of Iowa, Iowa City, IA, 2015.

“Principles of Effective Speaking.” Invited Presenter. 64<sup>th</sup> Annual Labor Short Course. The University of Iowa Labor Center, Iowa City, IA, 2015.

“Communicating Leadership.” Invited Presenter. *Perspectives on Leadership* taught by Kelley Ashby, The University of Iowa, 2014-2015.

“Making Effective Safety Presentations.” Invited Presenter. Railroad Health and Safety Conference: Protecting Worker Safety through Informed Union Involvement. The University of Iowa Labor Center, Iowa City, IA, 2014.

“Communicating to Win: Case Studies of Effective Communication in Recent Labor Struggles and Victories.” Invited Presenter. The University of Iowa Labor Center, Iowa City, IA, 2014.

- "Teaching Module for a TILE Classroom." Invited Presenter. *June TILE Essentials*, The University of Iowa, Information Technology Services, Iowa City, IA, 2014.
- "Uncharted Waters: Piloting Etextbooks and the Challenges of Digital Course Content Adoption." Invited Panelist. The University of Iowa, Information Technology Services, Iowa City, IA, 2014.
- "Teaching Message Analysis and Critical Thinking." Invited Presenter. *Supervised Experience in College Teaching*, taught by Dr. Christopher L. Johnstone, The Pennsylvania State University, 2011.
- "Wild Women of the Progressive Era." Invited Presenter. *The Emergence of Modern America*, taught by Dr. Daniel Letwin, The Pennsylvania State University, 2009.
- "Social Movements and Radical Rhetoric." Invited Presenter. *Communication Research Methods*, taught by Dr. Jennifer Johnson, The Pennsylvania State University, 2009.
- "Creating a Teaching Portfolio." Invited Presenter. *Supervised Experience in College Teaching*, taught by Dr. Christopher L. Johnstone, The Pennsylvania State University, 2009.
- "Introduction to Public Speaking." Invited Presenter. *Earth and Mineral Sciences First-Year Seminar*, The Pennsylvania State University, 2008-2009.
- "Effective use of Power Point." Invited Presenter. *Earth and Mineral Sciences First-Year Seminar*, The Pennsylvania State University, 2008-2009.
- "Promoting Civic Engagement in the Public Speaking Classroom." Invited Presenter. *Supervised Experience in College Teaching*, taught by Dr. Christopher L. Johnstone, The Pennsylvania State University, 2008.
- "Teaching Effective Speech: Message Analysis Emphasis." Invited Presenter. *Supervised Experience in College Teaching*, taught by Dr. Christopher Johnstone, The Pennsylvania State University, 2007, 2008.
- "Wild Women of the Progressive Era: Rhetorical Strategies of Mother Jones." Invited Presenter. *Department of Communication Arts and Sciences Colloquium*, The Pennsylvania State University, 2007.
- "Using Technology in the Public Speaking Classroom." Invited Presenter. *Supervised Experience in College Teaching*, taught by Dr. Christopher L. Johnstone, The Pennsylvania State University, 2007.
- "Rhetorical Research Methods." Invited Presenter. *Communication Research Methods*, taught by Dr. Christopher Morse, The Pennsylvania State University, 2007.
- "The Great Depression and Demagoguery." Invited Presenter. *Persuasion and Propaganda*, taught by Sara Ann Mehlretter, The Pennsylvania State University, 2006.

### **Conference Presentations and Participation**

### *National Conferences*

- High, Mary K. Panelist and Chair. "Creative Forms of Assessment in Communication Studies Courses." National Communication Association, Baltimore, MD 2019.
- High, Mary K. Panelist. "The Basic Course and the First-Year Experience: Embracing Similarities and Differences and Cross-Campus Collaboration." National Communication Association, Las Vegas, NV 2015.
- High, Mary K. "See What I Mean: An Applied Approach to Teaching about Visual Aids." National Communication Association, Washington, DC, 2013.
- High, Mary K. Roundtable Participant. "Creating COMMunity through Empowerment: Examining Methods of Creating Student Engagement in the Basic Course." National Communication Association, Orlando, FL, 2012.
- High, Mary K. Invited Panelist. "Celebrating COMMunity: Connecting Approaches to and the Pedagogy of Civil Communication." National Communication Association, Orlando, FL, 2012.
- High, Mary K. "Laborers and Ladies: The Feminist and Labor Rhetoric of Elizabeth Gurley Flynn." National Communication Association, New Orleans, LA, 2011.
- Haman, Mary K. "Emma Goldman and the Rhetoric of Human Liberation." National Communication Association, San Francisco, CA, 2010.
- Haman, Mary K. Scholar-to-Scholar Session Participant. "Gender and Rhetorical History: Women's Organizations and Public Culture." National Communication Association, San Francisco, CA, 2010.
- Haman, Mary K. "Carry A. Nation and Autobiographical Manifesto." National Communication Association, Chicago, IL, 2009.
- Haman, Mary K. "Alice Paul and the Rhetoric of Radical Suffrage." National Communication Association, San Diego, CA, 2008.
- Haman, Mary K. "Washing Away Responsibility: Remembering and Forgetting at the Johnstown Flood National Memorial." National Communication Association, San Diego, CA, 2008.
- Haman, Mary K. "Carry A. Nation's Justification of Violence." National Communication Association, Chicago, IL, 2007.
- Haman, Mary K. "Mother Jones and Identification: A Critical Realist Approach." National Communication Association, Chicago, IL, 2007.
- Haman, Mary K. and Linda L. Putnam. "The Impact of Emotion in Conflict Communication: Implications for Negotiation, Mediation, Conflict Coaching, and Organizational Communication." National Communication Association, Chicago, IL, 2007.

Haman, Mary K. "Mother Jones and Outsider Advocacy." National Communication Association, San Antonio, TX, 2006.

Haman, Mary K. "Experiencing Emotional Labor: An Analysis of the Discursive Construction of Emotional Labor and Authenticity." National Communication Association, San Antonio, TX, 2006.

Haman, Mary K. "Unhappy in Happy Valley: An Overview and Analysis of Support-Gaining Strategies in the 2000-2001 Penn State Diversity Protests." National Communication Association, Boston, MA, 2005.

Haman, Mary K. Invited Panelist. "Myth and Popular Culture." National Communication Association, Chicago, IL, 2004.

### *Regional Conferences*

High, Mary K. Panelist. "Grading Speeches in an Online Course." Eastern Communication Association, Baltimore, MD 2020 (conference canceled).

Haman, Mary K. "'Smashing' 1909 Politics: Carry A. Nation and Violence as Rhetorical Strategy." Eastern Communication Association, Philadelphia, PA, 2009.

Haman, Mary K. "Emma Goldman's "Address to the Jury": A Study of Argumentation Strategy and Democratic Deliberation." Eastern Communication Association, Pittsburgh, PA, 2008.

Haman, Mary K. "The Feminist Value of 'Slippage': Scene-Act Ratio in the Women's Rights Rhetoric of Elizabeth Gurley Flynn." Eastern Communication Association, Pittsburgh, PA, 2008.

Haman, Mary K. "Emotional Labor and Authenticity: A Discursive Approach." Nuevo Día Southwest Organizational Communication Conference, College Station, TX, 2006.

### *State Conferences*

High, Mary K. Poster Presenter. "Teaching Students Who Experience Communication Apprehension." Pennsylvania Communication Association 80th Annual Conference, Reading, PA, 2019.

High, Mary K. Roundtable Organizer and Participant. "A Roundtable Session on Using Personality and Strengths Assessments to Develop Leaders." 2<sup>nd</sup> Annual Pennsylvania Leadership Studies Conference, Harrisburg, PA, 2019.

### *The Pennsylvania State University*

High, Mary K. Presenter. "Effective Leadership Communication." World Campus Student Leadership Conference, The Pennsylvania State University, University Park, PA, 2018.

## **SERVICE**

### **Profession**



### *Conference Reviewing*

Reviewer, National Communication Association, G.I.F.T.S. Division, 2015-2019  
Reviewer, National Communication Association, Experiential Learning in Communication Division, 2016-2017  
Reviewer, National Communication Association, Basic Course Division, 2015  
Reviewer, National Communication Association, Public Address Division, 2006, 2008, 2011-2015  
Reviewer, National Communication Association, Feminist and Women Studies Division, 2012-2013

### *Conference Service*

Panel Respondent, National Communication Association, Basic Course Division, 2014  
Panel Chair, National Communication Association, Public Address Division, 2006, 2008, 2014  
Panel Chair, National Communication Association, Feminist and Women Studies Division, 2012  
Member, National Communication Association, Public Address Division Nominating Committee, 2007-2008

### **Department**

#### *The Pennsylvania State University*

Member, CAS Faculty Ambassadors, 2020-present  
Member, CAS 100 Committee, 2019-present  
Member, Honors and Awards Committee, 2019-present  
Participant, CAS 100A Keywords Pilot, 2020  
Judge, Civic Engagement Public Speaking Contest, Spring 2019  
Member, Excellence in Communication Certificate Advisory Panel, 2011-2012  
Mentor, *Effective Speech* Mentoring Program, 2009, 2011-2012  
Member, Undergraduate Studies Committee, 2011  
Member, *Effective Speech* eBook Revision Committee, 2010-2011  
Member, *Effective Speech* Ad Hoc Committee on Grading, 2008  
Member, *Effective Speech: Message Analysis* Textbook Selection Committee, 2008  
Intellectual Concerns Chair, Graduate Forum, 2008-2009  
President, Graduate Forum, 2007-2008

#### *University of Iowa*

Member, Undergraduate Affairs Committee, 2014-2018  
Faculty Advisor, Communication Studies Student Association, 2014-2018  
Departmental Representative, Leadership Certificate Faculty Advisory Committee, 2013-2018

### **University**

#### *The Pennsylvania State University*

Member, Steering Committee of the College of the Liberal Arts' Theme: "Moments of Change: A Century of Women's Activism," 2019-2020  
Interviewer, Schreyer Honors College Alumni Admissions Interview Program, 2018-2019  
Faculty Advisor, Current Events Club, 2011-2012

Member: Dean of the University Libraries Search Committee, 2010  
Judge: Undergraduate Exhibition, 2009

*University of Iowa*

Member, Parental Leave Work Group, 2018  
Member, Council on the Status of Women, 2016-2018  
Member, Transfer Student Support Team, 2016-2018  
Departmental Liaison, Be Better Initiative, 2016-2018  
Member, Eco Hawks, 2015-2018  
Member, Meet the Challenge Awards Selection Committee, 2017  
Co-Chair, Council on the Status of Women, 2016-2017  
Invited Member, Faculty Processional and Platform Party for The College of Liberal Arts and Sciences' Commencement Ceremony, 2016.  
Volunteer, Campus Conversation Partner Program, 2016  
Member, Program Review Committee for The University of Iowa Student Health & Wellness, 2015-2016  
Member-at-Large, Council on the Status of Women, 2015-2016  
Critical Mentoring and Student Support (Critical MASS) Mentor, 2013-2018  
Invited Member, Center for Teaching, Faculty Learning Community on Online Teaching, 2015

**PROFESSIONAL DEVELOPMENT**

*The Pennsylvania State University*

Workshops, Courses, and Trainings Attended:

3<sup>rd</sup> Annual COOL (CAS 100 Oriented-Lessons) Event, 2019  
COOL (CAS 100 Oriented-Lessons) Winter Workshop, 2019  
2<sup>nd</sup> Annual COOL (CAS 100 Oriented-Lessons) Event, 2019  
Building a Welcoming Classroom Space: How College Instructors Can Support Identity, Civility and Democracy through Inclusive Excellence, 2012  
Liberal Arts Scholarship and Technology Summit, 2011  
Just 2 It: Technology in Education Workshop, 2011  
The Voice of the Continuing Education Student, 2011  
Symposium for Teaching and Learning with Technology, 2011  
Managing Difficult Students, 2011  
Getting Through the Stack: Grading for Learning, 2010  
Online 2000: Effective Online Teaching, 2008  
Schreyer Institute for Teaching Excellence Course in College Teaching, 2006  
Brief Internship in College Teaching at Juniata College, 2005

*The University of Iowa*

Workshops, Courses, Conferences, and Trainings Attended:

Be Better: Star Level Two, December 2016  
Be Better: Star Level One, July 2016  
Beyond the Class List, March 2016

Getting Comfortable with Uncomfortable Topics in the Teaching and Learning Experience, November 2015  
How to Design and Teach a Blended Learning Course, October 2015  
It's On Us: Sexual Violence Prevention Summit, April 2015  
It's in Their Hands: Student Ownership of Learning, March 2015  
Where's the Learning in Experiential Learning, March 2014  
Beyond the Five-Page Paper: Representing Student Learning Visually, January 2014  
IDEAL Assignment Design Institute, October 2013  
Teaching that Sticks: Six Principles for Memorable Presentations, October 2013  
TILE Labs: Accelerator "Best Practices," September 2013  
TILE Labs: Accelerator "Best Practices," April 2013  
TILE Labs: Essentials, March 2013  
Getting the Most out of End-of-Semester Student Ratings, November 2012  
Engaging Students to Think Critically, October 2012  
Design for Success: Creating Courses that Incorporate Teaching Technologies, September 2012  
Tips for Successful Teaching at Iowa, August 2012

*National Communication Association*

Workshops, Courses, Conferences, and Trainings Attended:

National Communication Association Annual Convention, 2004-2016, 2019  
Directing the Communication Internship Program (NCA Short Course), 2013  
Teaching Online Courses (NCA Teleconference), 2012  
Conquer Speech Anxiety and the Multidimensional Model: Design a Class, Module, or Workshop for Anxious Speakers (NCA Short Course), 2011